

WHAT DO I KNOW ABOUT *my God?*

A 12 Week Bible Study in the Psalms



Kelly Collier

Week 9

Suggested Scripture Memory: Psalm 100:3

- Psalm 99:1-9
- Psalm 100:1-5
- Psalm 103:1-13
- Psalm 103:14-22
- Psalm 104:1-24

Week 10

Suggested Scripture Memory: Psalm 118:1

- Psalm 111:1-10
- Psalm 113:1-9
- Psalm 115:1-11
- Psalm 117:1-2
- Psalm 118:1-9, 14-16, 28-29

Week 11

Suggested Scripture Memory: Psalm 130:3-4

- Psalm 121:1-8
- Psalm 130:1-8
- Psalm 135:3-14
- Psalm 136:1-9
- Psalm 138:1-8

Week 12

Suggested Scripture Memory: Psalm 145:3

- Psalm 139:1-16
- Psalm 145:1-9
- Psalm 145:10-21
- Psalm 146:1-10
- Psalm 147:1-11

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Week 4

Suggested Scripture Memory: Psalm 34:8

- Psalm 32:1-11
- Psalm 33:1-9
- Psalm 33:10-22
- Psalm 34:1-10
- Psalm 34:15-22

Week 5

Suggested Scripture Memory: Psalm 40:16

- Psalm 36:5-12
- Psalm 37:1-7, 23-24, 39-40
- Psalm 40:1-5, 16-17
- Psalm 46:1-11
- Psalm 56:1-13

Week 6

Suggested Scripture Memory: Psalm 68:19

- Psalm 61:1-8
- Psalm 62:1-8, 11-12
- Psalm 66:1-7, 16-20
- Psalm 68:4-6, 19-20, 32-35
- Psalm 71:1-6

Week 7

Suggested Scripture Memory: Psalm 84:11

- Psalm 73:23-28
- Psalm 77:11-15
- Psalm 84:1-12
- Psalm 86:1-13
- Psalm 91:1-8

Week 8

Suggested Scripture Memory: Psalm 95:6-7

- Psalm 91:9-16
- Psalm 93:1-5
- Psalm 95:1-11
- Psalm 96:1-13
- Psalm 98:1-9

How To Do This Study

Do you know why God gave us the Bible? Because God wants us to know Him. He invites us to know Him. And He doesn't make getting to know Him difficult. This is why He gave us the Bible. The Bible is an amazing gift from God. Without the Bible we could never know the truth about who He is and what He has done. Every page of the Bible tells us about our wonderful God.

This study focuses on one very special part of this letter that God gave us: the book of Psalms. You can easily find this book in your Bible by opening it right in the very middle. With 150 chapters, Psalm is the longest book in the Bible. In each of the weeks to follow, you will be directed to read specially chosen verses from Psalms. "Why Psalms," you may ask? Because this one book contains so many verses that tell us plainly what God is like.

I love to read. And I especially love to read books about real people like George Washington and Queen Elizabeth. These types of books are called biographies. An author researches the life of a famous person and then records the story of that individual in a book. In this study, we will be like the author, researching the life and character of a real person. Only in this case, the Person we want to know about is God. As you follow the simple steps described below, you will create your own journal full of wonderful truths about God. You could call it your own biography of God. But this kind of study is far better than just reading a book or simply learning facts about God. As you get to know God better, you will also grow to love and trust Him more. Knowing God and believing what He says about Himself will change you! (2 Corinthians 3:18)

Before you begin, take time to read through the following steps. As you work on your study in the weeks to come, you may run into something difficult to understand. When this happens, please ask a trusted church leader or friend for help. And don't forget to share with them what God is teaching you about Himself. Spiritually, we grow best when we grow with other people!

STEP 1: Prepare

Reading the Bible is different from reading any other book in the whole world. That is because the Bible is unlike any other book in the whole world. It is a spiritual book, authored by God Himself. With a good teacher and plenty of personal determination, we can often understand hard concepts in the natural world. But getting to know God is different from learning about geometry or physical science when we were in high school. Because the Bible is a spiritual book, we won't be able to understand it unless we have God's help—no matter how hard we work at it. That is why you need to prepare your heart before you open your Bible. God also gave us a wonderful Teacher, the Holy Spirit, who helps us understand what we read so we can know our great God. **PRAY** and ask God to help you understand what you are reading. God loves to answer this humble prayer!

STEP 2: Observe *Ask: What Do I Know About My God?*

After asking God for help, open your Bible to the verses listed for that day. To observe simply means that we *look* for something as we read the Bible. Better yet, we look for SOMEONE as we read. **READ** through the verses and **LOOK** for what those verses teach you about God. You may need to read the verses over a second or third time. Don't rush through your reading. Slow down. Be like a skilled detective and ask good questions as you read (like the questions provided below). **WRITE DOWN** anything you learn about Him.

Here are some ideas of what you can look for as you read:

- **What is God like?** (Look for descriptive words like *good*, *faithful*, and *powerful*.)
- **What does God do?** (Look for action words like *protects*, *delivers*, and *loves*.)

Think of the following phrases as you read and try to fill in the blank:

My God is _____ (Example: *My God is merciful.*)

My God _____ (Example: *My God hates sin.*)

Heart Preparation: Suggested Daily Prayers

Give me understanding, that I may keep your law and observe it with my whole heart. (Psalm 119:34)

Open my eyes, that I may behold wondrous things out of your law. (Psalm 119:18)

You have said, "Seek my face." My heart says to you, "Your face, LORD, do I seek." (Psalm 27:8)

Make me to know your ways, O LORD; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation... (Psalm 25:4-5)

Teach me to do your will, for you are my God! (Psalm 143:10a)

Week 1

Suggested Scripture Memory: Psalm 8:1

- Psalm 3:1-8
- Psalm 5:1-6, 11-12
- Psalm 8:1-9
- Psalm 9:1-10
- Psalm 16:1-11

Week 2

Suggested Scripture Memory: Psalm 18:1-2

- Psalm 18:1-6
- Psalm 18:25-32
- Psalm 19:1-14
- Psalm 23:1-6
- Psalm 24:1-10

Week 3

Suggested Scripture Memory: Psalm 27:1

- Psalm 25:1-15
- Psalm 27:1-14
- Psalm 28:1-2, 6-9
- Psalm 30:1-12
- Psalm 31:1-8, 14-16, 19-20

Sunday | *Worship*

You should worship God every day. But Sunday is a special day set aside in our week to really focus on giving worship to our great God. Use this sheet to help prepare your heart to worship the Lord at church today. Begin your “worship service” at home, praising God for who He is and what He has done for you.

God created you to worship Him.

Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created. (Revelation 4:11)

God is worthy of your worship.

Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and honor and glory and blessing! (Revelation 5:12)

The Psalm are all about our great God! Each chapter is full of incredible truths about God. Look back through this week’s journal pages and write down at least 5 things you learned about our amazing God: “Who He is” or “What He does.” Then take time to praise God, through prayer, for each thing you wrote down. You might even want to grab a hymnal and sing a song of praise to God.

I will praise Him for *Who He is*

1. My God is: _____

2. My God is: _____

3. My God is: _____

4. My God is: _____

5. My God is: _____

I will praise Him for *What He does*

1. My God does: _____

2. My God does: _____

3. My God does: _____

4. My God does: _____

5. My God does: _____



STEP 3: Apply

Ask: If I Believe This About God, How Will I Live?

Don’t stop with simply writing down truths you learn about God. God wants what you are learning about Him to change you. To apply simply means that we take time to think about how truth about God relates to our lives as His children. Think about how a famous chef doesn’t just know a lot of facts about cooking but is also able to put that knowledge into action. Knowledge applied results in food that tastes really good! In a similar way, God wants us to take the knowledge about Him that we get from the Bible and put it to work in our everyday lives. It is dangerous for us to learn facts about God without allowing God to change us. What is the danger? Scripture warns that we will become proud (1 Cor. 8:1). How can you guard your heart from pride? By prayerfully applying God’s Word to your life. Remember, it is not enough to **hear** what God says; we must also **do** what God says. Check out James 1:22: “*But be doers of the word, and not hearers only, deceiving yourselves.*” We lie to ourselves if we think we know God but aren’t doing what He says. So, every time you read the Bible you should ask this question: **What does God want me to do?**

Seeing God’s amazing character should humble us. And because we know that God loves us, we don’t have to fear being honest with Him about the ways we need to change and grow. He wants us to know Him. And He wants us to become more like Him.

Take time to **THINK** about what you learned about God and **WRITE DOWN** anything you need to do with God’s help.

Here are some questions you could ask yourself:

- If I really **believe** this truth about God, then how will I live?
- Do I need to **ask God’s forgiveness** for a way I have been thinking or acting against His character?
- How can I **act** on this truth about God in my everyday life?
- How can I **show other people** this truth about my God?

STEP 4: Pray

We cannot trust or obey God in our own strength. We need God! So just as you started your time in God's Word by talking to Him, end your time in God's Word by talking to Him. Praise Him for His amazing character. Thank Him for what He does for you. Ask Him for the strength you need to trust and obey Him. **WRITE OUT** your prayer to God.

Thank God for what you learned about Him.

God, thank you that you are _____ .

Ask God for His help to obey.

God, today I learned that You don't want me to be afraid. Every time I am tempted to fear, please help me to think about You and to trust You.



EXTRA TREASURE: *Scripture Memory*

Do you know someone who can watch a movie one time and quote all the funny lines from memory? Maybe you are like that. God gave us minds that can remember all kinds of things. He wants us to use this gift to remember the most important thing: His Word. In fact, God's Word is so precious, He tells us we should not just remember it, but store it up like a treasure in our hearts (Psalm 119:11). You treasure God's Word by reading it, thinking about it, and memorizing it so you can remember it and put it into practice all day long. You will find a special passage for you to memorize at the start of each week's study. You can commit to treasuring God's Word just like the author of Psalm 119:16.

*I will delight in your statutes; I will not forget your word.
(Psalm 119:16)*

Weekdays | *God is my... My God is...*

Prepare: Getting my heart ready to meet with God.


We need God's help to understand His Word. Begin your time in the Word today by thoughtfully praying the words of Scripture back to Him.

Observe: Getting God's Word into my heart.

Read the Bible passage and seek to answer the question: *What do these verses teach me about My God?*

Apply: Getting God's Word into my life.

Think about what you learned about God. Ask: *If I really believe this truth about God, then how will I live?*

 *My Prayer to God:* Thank God for what you learned about Him. Ask God for His help to obey.

Saturday | *"Take Five" Weekly Review*

Use the journal pages you filled out earlier this week to help you answer the questions below.

1. Write out one of your favorite verses from your study this week. Why was this verse special to you?
2. What was your favorite truth about God that you learned this week?
3. How can you use what you learned about God this week to encourage someone else? (*Who will you tell about your great God? What will you tell them about Him?*)
4. What is one thing God taught you this past week that you want to change in order to be more like Him? Stop and ask God to give you the grace to obey!
5. How did "what you know about God" help you this past week? (*Think about a difficulty you faced or a decision you had to make where remembering the truth about God helped you do the right thing.*)